



The Greenhouse Collective, We Believe

A Statement of Our Core Values & Commitments

For Practitioners, Leaders, and Members of the Greenhouse Collective

We believe in fostering a space where connection, growth, and well-being flourish. The right conditions—make thriving possible. Like a seed seeking light, every person has the capacity to flourish. Our mission is to increase access to holistic mental health, soul care, and personal, leadership, and community development in the Greater Birmingham area through a shared space for therapists, spiritual directors, and other practitioners.

1. We believe in radical inclusivity.

Every person has inherent worth and dignity. We celebrate and affirm people of all identities, LGBTQ+, all races, sexes, genders, orientations, abilities, and faith traditions. We create a space where all are valued, seen, and empowered to show up fully as themselves. Everyone belongs.

2. We believe community is the soil where we grow.

Like a thriving ecosystem, we grow best in relationships. Healing happens in connection, and we cultivate a culture of mutual support, shared learning, and belonging.

3. We believe in nurturing the whole person.

True flourishing happens when mind, body, and spirit are nurtured together. We embrace an integrated approach to well-being, honoring the full complexity of human experience.

4. We believe growth is a right, not a privilege.

We work to remove financial, cultural, and systemic barriers that prevent people from receiving the care they need. Access to healing and growth is a right, not a luxury. Like sunlight and water, access to care and support should be available to all. We work to remove barriers that stunt growth.

5. We believe in self-determined growth.

Every seed holds the blueprint for its becoming. We honor each person's ability to root, define their own growth, and bloom in their own time and way. We honor each person's ability to define their own path, offering conditions for growth—not control.

6. We believe creativity transforms.

Creative expression is a path to self-discovery and healing. We make space for storytelling, artistry, and embodiment, knowing that transformation happens when we engage imagination and movement.



7. We believe wisdom grows in many traditions.

We welcome all spiritual traditions, religious and non-religious perspectives, fostering dialogue and shared learning. Like a biodiverse ecosystem, we thrive when multiple voices and perspectives are honored. We welcome all faiths and worldviews into shared learning.

8. We believe collaboration is more powerful than competition.

Nature does not compete—it coexists. We grow stronger together, sharing knowledge, resources, and opportunities for mutual flourishing. Our partnerships amplify impact, and we commit to collective flourishing over individual success.,

9. We believe integrity is the foundation of trust.

Strong roots support growth. We commit to ethical, just, and transparent practices in our work and community.

10. We believe diverse voices make us stronger.

A thriving ecosystem depends on diversity. We uplift marginalized perspectives and actively engage in learning and unlearning for justice and equity. Growth happens when we listen to and learn from one another.

11. We believe in caring for the earth as we care for ourselves.

Well-being is interconnected. We are responsible stewards of the land, prioritizing sustainability in all we do, knowing that our well-being is intertwined with the health of the planet.

12. We believe growth is inevitable—but thriving requires care.

Like a greenhouse, we cultivate the conditions where people and communities can flourish. Growth is not a privilege—it is nature's way.

Our Commitment

As practitioners, leaders, and members, we pledge to always strive to live out these values in our work, interactions, and decisions. Together, we are building a radically inclusive space where well-being is accessible, care is holistic, and growth is inevitable.